

<p><b>Scoring System - Similar as recent years - based on a percentage of a typically fast time. i.e 17:00 minute for Huddersfield parkrun, 17:30 for Halifax parkrun. 10:00 for Track 3K's. "Any UK parkrun results will be set against 2nd place on the actual day you run. For all other races, your score will be based on a percentage of the top 3 average times. Final scores for each event are calculated to one decimal place, to differentiate between close finishes.</b></p>	
<p><b>Entry to the Competition - Any club member who has signed up at the beginning of the year. Any late entrants can still join subject to there still being at least 9 qualifying events still possible, please message Steve Hallam via SL Facebook page, Club Forum or by email at <a href="mailto:steveghallam@gmail.com">steveghallam@gmail.com</a> if you wish to included</b></p>	
<p><b>A club vest or club coloured T-shirt will be required for all open events (i.e. Official races but not needed for parkruns or Track Races). This should be worn to identify you as a Lion competing against other club members.</b></p>	
<p><b>Friendly competition is actively encouraged with the emphasis being on fun! Enjoy the involvement with your fellow club mates.</b></p>	
<p><b>Any questions whatsoever, please contact Steve Hallam via FB Messenger, Club Forum or email at <a href="mailto:steveghallam@gmail.com">steveghallam@gmail.com</a></b></p>	
<p><b>Trophies will only be awarded to those who complete at least 9 qualifying events throughout the year, although you may do as many or as few as you wish.</b></p>	
<p><b>Completion of any or all of the 3 included Fell races will qualify for 10 additional bonus points!</b></p>	

## Stainland Lions Club Championship 2023 - Division 1 (Trophy to Top 3)

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24			
	15th Jan	29th Jan	12th Mar	26th Mar	2nd Apr	8th Apr	4th Jun	11th Jun	14th Jun	7th Jul	19th Jul	2nd Aug	20th Aug	3rd Sep	30th Sep	15th Oct	29th Oct	5th Nov	19th Nov	28th Dec	Sat	Sat	Sat	TBC			
	Club Winter Handicap	Meltham (Tough) 10K	Thirsk 10	Wilmslow HM	Brun Valley 10K	Wardle Skyline	Northowrun 5	Marsden 10	Joe Percy	Holme Valley 5	Hepworth Trail	Hopwood Trot	Piethorne	Tholthorpe 10K	Stairway to Heaven	Holmfirth 10K	Bronte Way Fell Race	Guy Fawkes 10	Clowne HM	Ambles Revenge	Huddersfield parkrun	Halifax parkrun	Any UK parkrun	Track 3K	No. Of Events	Total Points Scored	
	TBC	10K	10M	13.1M	10K	7M	5M	10M	10K	5M	5M	5.5M	10K	10K	8M	10K	7.5M	10M	13.1M	8M	5K	5K	5K	3K			
Name	Road	Road	Road	Road	Trail	FELL	Road	Trail	Road	Road/Trail	Trail	MT	FELL	Road	Trail	Road	FELL	Road	Road	Trail	Park	Park	Park	Track			
1	Gavin Foster		84.6	81.3					91.6									91.6	94.9	94.9	98.7	94.9	105.5		9	838.0	Gavin Foster
2	Richard Crombie		79.4				87.9	87.9	84.2	85.1	88.4		94.3								92.9		102.5	93.9	10	817.1	Richard Crombie
3	Phil Moyles	82.9			82.7		85.8		80.8			88.9									89.9	85.9	100.1	90.8	9	787.8	Phil Moyles
	David Farrar				78.7		81.0		76.1	80.3		86.5				77.1					81.1		88.8	85.6	9	735.2	David Farrar
	Steve Hallam	76.7	76.2		63.8	70.4	77.8		71.8		73.8	81.1	79.8	71.4		73.9	72.8	71.5		65.5	76.5	76.3	84.4	79.8	18	708.6	Steve Hallam
	Paul Corns		79.3	69.8					74.5		76.9							73.5			81.0		87.9		7	542.9	Paul Corns
	Daniel Sykes						83.3		79.1		83.7							74.9					84.0	85.1	6	490.1	Daniel Sykes
	Ben Golding-Smith	78.6					76.9														76.8	70.9	93.3	84.0	6	480.5	Ben Golding-Smith
	Damien Pearson				70.7	82.0															79.9	82.9	100.0		5	415.5	Damien Pearson
	Andrew Earnshaw							78.1					86.9							79.8			90.4		4	335.2	Andrew Earnshaw
	Fraser Ambrose				81.5																81.2	71.7	100.0		4	334.4	Fraser Ambrose
	Derek Parrington			72.2			84.2						83.5											83.8	4	323.7	Derek Parrington
	Leon Severn																				83.1	82.7	89.7		3	255.5	Leon Severn
	James Penson					94.6			75.7												81.1				3	251.4	James Penson
	Mark Pigford			70.7																	85.3			86.1	3	242.1	Mark Pigford
	Simon Rawnsley																				71.0		91.2		2	162.2	Simon Rawnsley
	Sean Thompson																	75.5					82.8		2	158.3	Sean Thompson
	Danny Stafford																					75.2			1	75.2	Danny Stafford
	Gav Dodd			53.8																					1	53.8	Gav Dodd

## Stainland Lions Club Championship 2023 - Division 2 (Trophy to Top 3)

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	No. Of Events	Total Points Scored			
		15th Jan	29th Jan	12th Mar	26th Mar	2nd Apr	8th Apr	4th Jun	11th Jun	14th Jun	7th Jul	19th Jul	2nd Aug	20th Aug	3rd Sep	30th Sep	15th Oct	29th Oct	5th Nov	19th Nov	28th Dec	Sat	Sat	Sat	TBC					
		Club Winter Handicap	Meltham (Tough) 10K	Thirsk 10	Wilmslow HM	Brun Valley 10K	Wardle Skyline	Northowr un 5	Marsden 10	Joe Percy	Holme Valley 5	Hepworth Trail	Hopwood Trot	Piethorne	Tholthorpe 10K	Stairway to Heaven	Holmfirth 10K	Bronte Way Fell Race	Guy Fawkes 10	Clowne HM	Ambles Revenge	Huddersfield parkrun	Halifax parkrun	Any UK parkrun	Track 3K					
		TBC	10K	10M	13.1M	10K	7M	5M	10M	10K	5M	5M	5.5M	10K	10K	8M	10K	7.5M	10M	13.1M	8M	5K	5K	5K	3K					
Name	Road	Road	Road	Road	Trail	FELL	Road	Trail	Road	Road/Trail	Trail	MT	FELL	Road	Trail	Road	FELL	Road	Road	Trail	Park	Park	Park	Track						
1	Jim Harris	77.9				92.5		86.5	78.6				88.3								73.9	84.0	72.5	89.8		9	744.0	Jim Harris		
2	Lorraine Naylor			67.3	60.6				67.3	69.9	73.1	81.3	81.4	71.8	81.3		78.6				73.1	77.3	76.2	85.7	78.2	15	713.1	Lorraine Naylor		
3	Paul Patrick					73.1	83.9					76.3		83.7			73.0	79.1			71.5		76.4	80.6	78.5	10	704.6	Paul Patrick		
	Mark Preston	68.3	67.3	59.2		69.2		77.9	78.9	72.1	75.0	76.4	80.1		74.3	72.4					62.8	76.3		88.4	76.2	16	703.5	Mark Preston		
	Helen Armitage	76.1	73.5		62.4	71.8		74.8	72.3	71.9		72.9	78.7			72.2		69.7	71.6		76.2	75.9	81.6	77.9		16	687.6	Helen Armitage		
	Michelle Rogerson	70.4	70.8			69.5		72.4	69.5	65.6						69.1		67.2	67.7		74.2	69.0	81.5	74.3		13	651.7	Michelle Rogerson		
	Clayton Cutter				62.0			76.7	80.1	73.0											68.9		78.8	74.6	89.3		8	603.4	Clayton Cutter	
	Sally Caton								69.7	70.9	71.1	78.5									68.8			75.3	72.9		7	507.2	Sally Caton	
	Ian Hoskins	69.5				70.5			67.2													77.4	73.0	88.1			6	445.7	Ian Hoskins	
	Clare Smith					76.1				73.6												74.0	76.1	92.0			5	391.8	Clare Smith	
	Martin O'Brien	71.8	70.5													78.1										68.9		5	366.7	Martin O'Brien
	Maria Harron		71.0			71.1			68.5																49.4		75.9	5	335.9	Maria Harron
	Gerry Banham	72.5									69.5	66.9														72.3		4	281.2	Gerry Banham
	May Ordway																									77.7		1	77.7	May Ordway
	Liz Norman								68.5																			1	68.5	Liz Norman
	Gary Barnes				59.1																							1	59.1	Gary Barnes

## Stainland Lions Club Championship 2023 - Division 3 (Trophy to Top 3)

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	No. Of Events	Total Points Scored		
		15th Jan	29th Jan	12th Mar	26th Mar	2nd Apr	8th Apr	4th Jun	11th Jun	14th Jun	7th Jul	19th Jul	2nd Aug	20th Aug	3rd Sep	30th Sep	15th Oct	29th Oct	5th Nov	19th Nov	28th Dec	Sat	Sat	Sat	TBC				
		Club Winter Handicap	Meltham (Tough) 10K	Thirsk 10	Wilmslow HM	Brun Valley 10K	Wardle Skyline	Northowrun 5	Marsden 10	Joe Percy	Holme Valley 5	Hepworth Trail	Hopwood Trot	Piethorne	Tholthorpe 10K	Stairway to Heaven	Holmfirth 10K	Bronte Way Fell Race	Guy Fawkes 10	Clowne HM	Ambles Revenge	Huddersfield parkrun	Halifax parkrun	Any UK parkrun	Track 3K				
		TBC	10K	10M	13.1M	10K	7M	5M	10M	10K	5M	5M	5.5M	10K	10K	8M	10K	7.5M	10M	13.1M	8M	5K	5K	5K	3K				
Name		Road	Road	Road	Road	Trail	FELL	Road	Trail	Road	Road/Trail	Trail	MT	FELL	Road	Trail	Road	FELL	Road	Road	Trail	Park	Park	Park	Track				
1	Martin Wood	74.4				73.2	85.3	75.0	77.5			76.7		81.3		82.2								83.6		9	709.2	Martin Wood	
2	Heather Moffat	71.6	71.0			70.8							78.0					73.8					72.9	72.3	79.1	74.0	9	663.5	Heather Moffat
3	Laura Goodwin							68.0	69.7	64.3	68.3					72.7	65.2	73.7	63.3				69.4	68.4	78.6		11	634.0	Laura Goodwin
	Steve Crowther	69.7				68.2	77.0			65.1	67.1							71.9				61.5	69.1	64.0	73.6		10	625.7	Steve Crowther
	Joanne Kitcher	68.2			57.5					64.5							63.7		62.9	64.5			69.8	69.2	73.8	65.8	10	602.4	Joanne Kitcher
	Maria Chandler			59.7	54.5			64.5				61.9								59.1			71.2	72.2	74.0		8	517.1	Maria Chandler
	Ian Johnson									63.1	69.1	69.0	73.3										66.8	71.8	72.2		7	485.3	Ian Johnson
	Lindsay Upton			56.1		65.6	75.3	67.2		62.0				73.0													6	399.2	Lindsay Upton
	John Ingles					67.0																	69.2	68.9	76.8		4	281.9	John Ingles
	Clare Thomas									62.8						65.1								66.1		70.8	4	264.8	Clare Thomas
	Gareth Duckworth																							69.3	78.9		2	148.2	Gareth Duckworth
	Andrew Mackrill																						72.2	66.5			2	138.7	Andrew Mackrill
	Amjid Khan																							69.0	69.5		2	138.5	Amjid Khan
	Roy Lunt																								78.6		1	78.6	Roy Lunt
	Anne-Marie Ulliyott	68.1																									1	68.1	Anne-Marie Ulliyott
	Kevin Jagger																										0	0.0	Kevin Jagger
	Julie Field																										0	0.0	Julie Field

## Stainland Lions Club Championship 2023 - Division 4 (Trophy to Top 3)

	Stainland Lions Club Championship 2023 - Division 4 (Trophy to Top 3)																								No. Of Events	Total Points Scored	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24			
	15th Jan	29th Jan	12th Mar	26th Mar	2nd Apr	8th Apr	4th Jun	11th Jun	14th Jun	7th Jul	19th Jul	2nd Aug	20th Aug	3rd Sep	30th Sep	15th Oct	29th Oct	5th Nov	19th Nov	28th Dec	Sat	Sat	Sat	TBC			
	Club Winter Handicap	Meltham (Tough) 10K	Thirsk 10	Wilmslow HM	Brun Valley 10K	Wardle Skyline	Northowrun 5	Marsden 10	Joe Percy	Holme Valley 5	Hepworth Trail	Hopwood Trot	Piethorne	Tholthorpe 10K	Stairway to Heaven	Holmfirth 10K	Bronte Way Fell Race	Guy Fawkes 10	Clowne HM	Ambles Revenge	Huddersfield parkrun	Halifax parkrun	Any UK parkrun	Track 3K			
Name	Road	Road	Road	Road	Trail	FELL	Road	Trail	Road	Road/Trail	Trail	MT	FELL	Road	Trail	Road	FELL	Road	Road	Trail	Park	Park	Park	Track			
1	John Carless						67.2					72.5	73.3	64.9		63.9	67.4	62.5	65.1		67.1	67.8	83.7	74.3	12	638.4	John Carless
2	Sue Cash	64.6	64.6		61.9	65.6	66.7		60.2	60.6			60.3			63.3					67.8		70.9	69.0	12	594.4	Sue Cash
3	John Rushworth	63.9	60.8	55.4	50.8	59.6	66.1		58.8							54.2					62.3	62.1	71.4	67.7	12	572.7	John Rushworth
	Sandy Gee	59.4	58.1		61.7		63.3		57.5	56.3			65.7		65.2			61.0		56.3	60.2	52.1	72.7		13	567.3	Sandy Gee
	Paul Butterfield	62.7					63.4		55.9	58.8			67.9			60.2		55.8	59.3		63.2	61.5	50.7		11	552.9	Paul Butterfield
	Ray Mooney				67.9				67.5		72.6					68.5		66.4		69.1	62.0				7	474.0	Ray Mooney
	Hayley Kelly			54.4	52.8		63.6					62.8		56.8				58.2	60.9		57.1				8	466.6	Hayley Kelly
	Sue Wade	63.9			51.0		67.2														66.9	66.0	74.0	68.9	7	457.9	Sue Wade
	Tim Walker						69.8										71.8				66.1	69.1	76.3		5	353.1	Tim Walker
	Angela Lee						70.3			65.3	66.6		74.6											69.8	5	346.6	Angela Lee
	Karen Carless																				70.2	68.8	81.1	54.3	4	274.4	Karen Carless
	Tony Pinnington																				61.0	64.7	73.4		3	199.1	Tony Pinnington
	Laraine Penson		61.9	53.1					60.1																3	175.1	Laraine Penson
	Diane Waite																					65.9	72.3		2	138.2	Diane Waite
	Tim Neville															63.1							65.8		2	128.9	Tim Neville
	Dave Culpan																						70.8		1	70.8	Dave Culpan
	Colin Hughes	65.4																							1	65.4	Colin Hughes
	Rebecca Gvozdenko																		62.9						1	62.9	Rebecca Gvozdenko
	Ranjit Uppal																						61.5		1	61.5	Ranjit Uppal

Table 1

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24			
		15th Jan	29th Jan	12th Mar	26th Mar	2nd Apr	8th Apr	4th Jun	11th Jun	14th Jun	7th Jul	19th Jul	2nd Aug	20th Aug	3rd Sep	30th Sep	15th Oct	29th Oct	5th Nov	19th Nov	28th Dec	Sat	Sat	Sat	TBC			
		Club Winter Handicap	Meltham (Tough) 10K	Thirsk 10	Wilmslow HM	Brun Valley 10K	Wardle Skyline	Northowrun 5	Marsden 10	Joe Percy	Holme Valley 5	Hepworth Trail	Hopwood Trot	Piethorne	Tholthorpe 10K	Stairway to Heaven	Holmfirth 10K	Bronte Way Fell Race	Guy Fawkes 10	Clowne HM	Ambles Revenge	Huddersfield parkrun	Halifax parkrun	Any UK parkrun	Track 3K	No. Of Events	Total Points Scored	
		TBC	10K	10M	13.1M	10K	7M	5M	10M	10K	5M	5M	5.5M	10K	10K	8M	10K	7.5M	10M	13.1M	8M	5K	5K	5K	3K			
	Name	Road	Road	Road	Road	Trail	FELL	Road	Trail	Road	Road/Trail	Trail	MT	FELL	Road	Trail	Road	FELL	Road	Road	Trail	Park	Park	Park	Track			
1	Jonathan Taylor	62.9							65.8			57.7	69.7	73.2												9	600.5	Jonathan Taylor
2	Paula Pickersgill	63.5				58.8	69.3	64.7	62.6	58.7		60.2		67.4			61.6	67.0		58.5	56.8	62.7	62.8	70.5		15	590.5	Paula Pickersgill
3	Claire Haigh	61.6		53.2	50.7	59.0		62.6					64.9		55.0				54.0			63.0	62.8	62.8	64.7	12	556.4	Claire Haigh
	Heather Anderson	59.2		51.2		58.4		61.8		54.8	57.5	60.6				62.1	58.8		55.1			58.3	60.4	71.6	62.7	14	555.6	Heather Anderson
	Phil Richards				46.0			61.1		53.0	54.2	56.4	61.7						51.9			62.8	61.6	69.9	64.8	11	545.5	Phil Richards
	Becky Hill							59.7	57.1		52.5	52.1	64.6	61.5				53.1				63.1	58.6	62.9	63.2	11	543.8	Becky Hill
	Paul Armitage	62.6	58.2			55.8			50.8				62.4				55.0		48.2			60.5		66.9		9	520.4	Paul Armitage
	Christine Gale	60.8												66.7								61.2	59.9	68.6	60.5	6	377.7	Christine Gale
	Alex Whyte								54.5									60.7		53.7		59.9	59.2		63.0	6	351.0	Alex Whyte
	Sally McGregor	60.4																				60.0		64.6		3	185.0	Sally McGregor
	Dawn Medlock	59.2																					58.7			2	117.9	Dawn Medlock
	Christine Cliffe				54.4																					1	54.4	Christine Cliffe
	Joanne Cooke																									0	0.0	Joanne Cooke
	Paula Statham-Drake																									0	0.0	Paula Statham-Drake
	Zoe Dee																									0	0.0	Zoe Dee
	Manjit Ahjar																									0	0.0	Manjit Ahjar

## Stainland Lions Club Championship 2023 - Division 6 (Trophy to Top 3)

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	No. Of Events	Total Points Scored	
	15th Jan	29th Jan	12th Mar	26th Mar	2nd Apr	8th Apr	4th Jun	11th Jun	14th Jun	7th Jul	19th Jul	2nd Aug	20th Aug	3rd Sep	30th Sep	15th Oct	29th Oct	5th Nov	19th Nov	28th Dec	Sat	Sat	Sat	TBC			
	Club Winter Handicap	Meltham (Tough) 10K	Thirsk 10	Wilmslow HM	Brun Valley 10K	Wardle Skyline	Northowr un 5	Marsden 10	Joe Percy	Holme Valley 5	Hepworth Trail	Hopwood Trot	Piethorne	Tholthorpe 10K	Stairway to Heaven	Holmfirth 10K	Bronte Way Fell Race	Guy Fawkes 10	Clowne HM	Amble Revenge	Huddersfield parkrun	Halifax parkrun	Any UK parkrun	Track 3K			
	TBC	10K	10M	13.1M	10K	7M	5M	10M	10K	5M	5M	5.5M	10K	10K	8M	10K	7.5M	10M	13.1M	8M	5K	5K	5K	3K			
Name	Road	Road	Road	Road	Trail	FELL	Road	Trail	Road	Road/Trail	Trail	MT	FELL	Road	Trail	Road	FELL	Road	Road	Trail	Park	Park	Park	Track			
1	Annie Kileen						56.9		49.8	49.8			59.5								56.4	55.9	59.4	56.9	8	444.6	Annie Kileen
2	Jenny Walker	55.2					58.7										58.3				56.7	46.6	62.6		6	338.1	Jenny Walker
3	Richard Brewster				53.0																52.1		59.0	60.4	4	224.5	Richard Brewster
	Peter Cawdron																	48.3			52.0	55.6			3	155.9	Peter Cawdron
	Helen Rees	54.6					51.9														48.9				3	155.4	Helen Rees
	Rosaline Sykes	51.0					51.9																51.5		3	154.4	Rosaline Sykes
	Anne Cawdron																	41.8			42.6	46.0			3	130.4	Anne Cawdron
	Jackie Barker																	44.1				50.5			2	94.6	Jackie Barker
	Steve Boyer																						58.5		1	58.5	Steve Boyer
	Gail Fawcett																					42.3			1	42.3	Gail Fawcett

Table 1

<b>Ambles Revenge</b>				
<b>Name</b>	<b>Time</b>	<b>Score off 56:35</b>	<b>Top 3 Average = 56:35</b>	
<b>Gavin Foster</b>	59:38	<b>94.9</b>	56:35	
<b>Andy Earnshaw</b>	70:52	<b>79.8</b>	56:35	
<b>Jim Harris</b>	76:37	<b>73.9</b>	56:35	
<b>Lorraine Naylor</b>	77:26	<b>73.1</b>	56:35	
<b>Paul Patrick</b>	79:07	<b>71.5</b>	56:35	
<b>Ray Mooney</b>	81:50	<b>69.1</b>	56:35	
<b>Aileen Baldwin</b>	84:53	<b>66.7</b>	56:35	
<b>Steve Hallam</b>	86:24	<b>65.5</b>	56:35	
<b>Mark Preston</b>	90:10	<b>62.8</b>	56:35	
<b>Steve Crowther</b>	92:03	<b>61.5</b>	56:35	
<b>Paula Pickersgill</b>	99:41	<b>56.8</b>	56:35	
<b>Sandy Gee</b>	100:31	<b>56.3</b>	56:35	



<b>Track 3K</b>						
<b>Name</b>	<b>Best Time 2023</b>	<b>Score off 10 minutes</b>	<b>15/3/23</b>	<b>28/6/23</b>	<b>11/10/23</b>	
Richard Crombie	10:39	93.9	00:00	10:39	00:00	10:00
Phil Moyles	11:01	90.8	11:01	00:00	00:00	10:00
Kevin Robinson	11:29	87.1	00:00	00:00	11:29	10:00
Mark Pigford	11:37	86.1	11:37	00:00	00:00	10:00
David Farrar	11:41	85.6	00:00	11:41	00:00	10:00
Daniel Sykes	11:45	85.1	11:45	00:00	00:00	10:00
Ben Golding-Smith	11:54	84.0	11:54	00:00	00:00	10:00
Derek Parrington	11:56	83.8	00:00	11:56	00:00	10:00
Steve Hallam	12:32	79.8	00:00	12:32	00:00	10:00
Paul Patrick	12:44	78.5	00:00	00:00	12:44	10:00
Lorraine Naylor	12:47	78.2	12:47	00:00	12:48	10:00
Helen Armitage	12:50	77.9	12:50	00:00	13:04	10:00
Mark Preston	13:07	76.2	13:55	13:07	13:20	10:00
Maria Harron	13:11	75.9	00:00	13:17	13:11	10:00
John Carless	13:27	74.3	00:00	13:27	00:00	10:00
Michelle Rogerson	13:28	74.3	00:00	13:28	00:00	10:00
Heather Moffat	13:31	74.0	13:31	00:00	00:00	10:00
Gerry Banham	13:50	72.3	00:00	13:50	00:00	10:00
Clare Thomas	14:08	70.8	00:00	14:08	00:00	10:00
Jonathan Taylor	14:18	69.9	14:18	14:26	00:00	10:00
Angela Lee	14:20	69.8	00:00	14:20	00:00	10:00
Sue Cash	14:29	69.0	00:00	00:00	00:00	10:00
Sue Wade	14:31	68.9	14:31	00:00	00:00	10:00
John Rushworth	14:46	67.7	14:46	00:00	00:00	10:00
Joanne Kitcher	15:12	65.8	00:00	00:00	00:00	10:00
Phil Richards	15:26	64.8	00:00	00:00	00:00	10:00
Claire Haigh	15:27	64.7	15:27	00:00	00:00	10:00
Becky Hill	15:49	63.2	00:00	15:49	00:00	10:00
Alex Whyte	15:53	63.0	00:00	15:53	00:00	10:00
Heather Anderson	15:57	62.7	15:57	16:05	00:00	10:00
Beverley Day	16:15	61.5	00:00	00:00	16:15	10:00
Christine Gale	16:31	60.5	00:00	16:31	00:00	10:00
Richard Brewster	16:34	60.4	16:34	00:00	00:00	10:00
Annie Kileen	17:34	56.9	00:00	17:34	00:00	10:00
Karen Carless	18:24	54.3	00:00	18:24	00:00	10:00

<b>Halifax parkrun</b>			
<b>Name</b>	<b>Best Time 2023</b>	<b>Score off 17:30 minutes</b>	
Gavin Foster	18:26	94.9	17:30
Phil Moyles	20:22	85.9	17:30
Damien Pearson	21:07	82.9	17:30
Leon Severn	21:09	82.7	17:30
Paul Patrick	22:54	76.4	17:30
Steve Hallam	22:57	76.3	17:30
Lorraine Naylor	22:58	76.2	17:30
Clare Smith	22:59	76.1	17:30
Helen Armitage	23:03	75.9	17:30
Sally Caton	23:14	75.3	17:30
Danny Stafford	23:16	75.2	17:30
Clayton Cutter	23:27	74.6	17:30
Ian Hoskins	23:59	73.0	17:30
Jim Harris	24:09	72.5	17:30
Heather Moffat	24:13	72.3	17:30
Maria Chandler	24:15	72.2	17:30
Ian Johnson	24:22	71.8	17:30
Fraser Ambrose	24:24	71.7	17:30
Ben Golding-Smith	24:42	70.9	17:30
Gareth Duckworth	25:15	69.3	17:30
Joanne Kitcher	25:18	69.2	17:30
Tim Walker	25:20	69.1	17:30
Michelle Rogerson	25:21	69.0	17:30
Amjid Khan	25:22	69.0	17:30
John Ingles	25:24	68.9	17:30
Martin O'Brien	25:24	68.9	17:30
Karen Carless	25:26	68.8	17:30
Laura Goodwin	25:34	68.4	17:30
John Carless	25:48	67.8	17:30
Andrew Mackrill	26:20	66.5	17:30
Clare Thomas	26:29	66.1	17:30
Sue Wade	26:31	66.0	17:30
Diane Waite	26:33	65.9	17:30
Tony Pinnington	27:03	64.7	17:30
Jonathan Taylor	27:14	64.3	17:30
Steve Crowther	27:20	64.0	17:30
Paula Pickersgill	27:51	62.8	17:30
Claire Haigh	27:56	62.6	17:30
John Rushworth	28:12	62.1	17:30
Phil Richards	28:24	61.6	17:30
Paul Butterfield	28:28	61.5	17:30
Heather Anderson	28:57	60.4	17:30
Christine Gale	29:13	59.9	17:30
Alex Whyte	29:35	59.2	17:30
Dawn Medlock	29:49	58.7	17:30
Becky Hill	29:52	58.6	17:30
Annie Kileen	31:20	55.9	17:30
Peter Cawdron	31:27	55.6	17:30
Sandy Gee	33:34	52.1	17:30
Jackie Barker	34:41	50.5	17:30
Maria Harron	35:24	49.4	17:30
Jenny Walker	37:32	46.6	17:30
Anne Cawdron	38:05	46.0	17:30
Gail Fawcett	41:21	42.3	17:30

<b>Huddersfield parkrun</b>				
<b>Name</b>	<b>Best Time 2023</b>	<b>Score off 17 minutes</b>		
Gavin Foster	17:13	98.7	17:00	
Richard Crombie	18:18	92.9	17:00	
Phil Moyles	18:54	89.9	17:00	
Mark Pigford	19:56	85.3	17:00	
Jim Harris	20:14	84.0	17:00	
Leon Severn	20:27	83.1	17:00	
Fraser Ambrose	20:56	81.2	17:00	
David Farrar	20:57	81.1	17:00	
James Penson	20:58	81.1	17:00	
Paul Corns	20:59	81.0	17:00	
Damien Pearson	21:16	79.9	17:00	
Clayton Cutter	21:35	78.8	17:00	
May Ordway	21:52	77.7	17:00	
Ian Hoskins	21:58	77.4	17:00	
Lorraine Naylor	22:00	77.3	17:00	
Ben Golding-Smith	22:08	76.8	17:00	
Steve Hallam	22:14	76.5	17:00	
Mark Preston	22:16	76.3	17:00	
Helen Armitage	22:18	76.2	17:00	
Michelle Rogerson	22:55	74.2	17:00	
Clare Smith	22:59	74.0	17:00	
Heather Moffat	23:20	72.9	17:00	
Andrew Mackrill	23:33	72.2	17:00	
Maria Chandler	23:52	71.2	17:00	
Simon Rawnsley	23:56	71.0	17:00	
Karen Carless	24:14	70.2	17:00	
Joanne Kitcher	24:21	69.8	17:00	
Laura Goodwin	24:30	69.4	17:00	
John Ingles	24:33	69.2	17:00	
Steve Crowther	24:36	69.1	17:00	
Sue Cash	25:05	67.8	17:00	
John Carless	25:21	67.1	17:00	
Sue Wade	25:25	66.9	17:00	
Ian Johnson	25:27	66.8	17:00	
Jonathan Taylor	25:32	66.6	17:00	
Tim Walker	25:44	66.1	17:00	
Paul Butterfield	26:55	63.2	17:00	
Becky Hill	26:57	63.1	17:00	
Claire Haigh	26:58	63.0	17:00	
Phil Richards	27:03	62.8	17:00	
Paula Pickersgill	27:06	62.7	17:00	
John Rushworth	27:16	62.3	17:00	
Ray Mooney	27:25	62.0	17:00	
Christine Gale	27:47	61.2	17:00	
Tony Pinnington	27:53	61.0	17:00	
Paul Armitage	28:06	60.5	17:00	
Sandy Gee	28:13	60.2	17:00	
Sally McGregor	28:21	60.0	17:00	
Alex Whyte	28:23	59.9	17:00	
Heather Anderson	29:11	58.3	17:00	
Hayley Kelly	29:46	57.1	17:00	
Jenny Walker	30:00	56.7	17:00	
Annie Kileen	30:09	56.4	17:00	
Richard Brewster	32:36	52.1	17:00	
Peter Cawdron	32:40	52.0	17:00	
Helen Rees	34:47	48.9	17:00	
Anne Cawdron	39:54	42.6	17:00	

<b>Any UK parkrun</b>	<b>Optimum:</b>		
<b>Name</b>	<b>Best Score/ Time 2023</b>	<b>Score off 2nd place</b>	<b>2nd Place Time</b>
Gavin Foster	17:55	105.5	18:54
Richard Crombie	18:40	102.5	19:08
Phil Moyles	19:38	100.1	19:39
Fraser Ambrose	21:06	100.0	21:06
Damien Pearson	21:16	100.0	21:16
Ben Golding-Smith	22:31	93.3	21:00
Clare Smith	22:41	92.0	20:52
Simon Rawnsley	21:17	91.2	19:24
Andrew Earnshaw	21:08	90.4	19:06
Jim Harris	22:34	89.8	20:16
Leon Severn	20:37	89.7	18:30
Clayton Cutter	23:24	89.3	20:54
David Farrar	23:24	88.8	20:47
Mark Preston	23:57	88.4	21:11
Ian Hoskins	23:25	88.1	20:38
Paul Corns	21:36	87.9	18:59
Lorraine Naylor	22:56	85.7	19:39
Steve Hallam	22:48	84.4	19:14
Daniel Sykes	20:01	84.0	16:49
John Carless	23:27	83.7	19:37
Martin Wood	23:31	83.6	19:40
Sean Thompson	21:19	82.8	17:39
Helen Armitage	27:25	81.6	22:23
Michelle Rogerson	25:16	81.5	20:35
Karen Carless	24:11	81.1	19:37
Paul Patrick	22:51	80.6	18:25
Heather Moffat	23:28	79.1	18:34
Laura Goodwin	26:26	78.6	20:47
Roy Lunt	25:48	78.6	20:17
Gareth Duckworth	23:57	77.9	18:39
John Ingles	26:54	76.8	20:40
Tim Walker	24:27	76.3	18:39
Sue Wade	24:28	74.0	18:07
Maria Chandler	28:15	74.0	20:54
Joanne Kitcher	25:56	73.8	19:08
Steve Crowther	25:21	73.6	18:40
Tony Pinnington	29:25	73.4	21:35
Sally Caton	24:39	72.9	17:58
Sandy Gee	27:10	72.7	19:45
Diane Waite	27:58	72.3	20:14
Ian Johnson	24:53	72.2	17:58
Heather Anderson	29:29	71.6	21:07
John Rushworth	25:23	71.4	18:07
Sue Cash	29:37	70.9	21:00
Dave Culpan	26:36	70.8	18:50
Paula Pickersgill	28:02	70.5	19:45
Jonathan Taylor	26:57	70.4	18:59
Phil Richards	27:27	69.9	19:12
Amjid Khan	26:41	69.5	18:32
Christine Gale	27:41	68.6	18:59
Paul Armitage	33:27	66.9	22:23
Tim Neville	27:18	65.8	17:58
Sally McGregor	28:39	64.6	18:30
Becky Hill	27:57	62.9	17:34
Claire Haigh	27:42	62.8	17:23
Jenny Walker	31:45	62.6	19:52
Ranjit Uppal	27:17	61.5	16:47
Annie Kileen	33:43	59.4	20:01
Richard Brewster	34:37	59.0	20:26
Steve Boyer	31:24	58.5	18:22
Rosaline Sykes	40:21	51.5	20:48
Paul Butterfield	36:10	50.7	18:21

<b>STAINLAND WINTER H/C</b>		<b>Score off 31:00 minutes</b>		
<b>Name</b>	<b>Time</b>	<b>Points</b>		
Phil Moyles	37:25	<b>82.9</b>	31:00	
Ben Golding-Smith	39:25	<b>78.6</b>	31:00	
Jim Harris	39:49	<b>77.9</b>	31:00	
Steve Hallam	40:26	<b>76.7</b>	31:00	
Helen Armitage	40:45	<b>76.1</b>	31:00	
Martin Wood	41:39	<b>74.4</b>	31:00	
Gerry Banham	42:46	<b>72.5</b>	31:00	
Martin O'Brien	43:10	<b>71.8</b>	31:00	
Heather Moffat	43:19	<b>71.6</b>	31:00	
Michelle Rogerson	44:03	<b>70.4</b>	31:00	
Steve Crowther	44:29	<b>69.7</b>	31:00	
Ian Hoskins	44:38	<b>69.5</b>	31:00	
Mark Preston	45:24	<b>68.3</b>	31:00	
Joanne Kitcher	45:27	<b>68.2</b>	31:00	
Anne-Marie Ulllyott	45:30	<b>68.1</b>	31:00	
Colin Hughes	47:25	<b>65.4</b>	31:00	
Sue Cash	47:59	<b>64.6</b>	31:00	
John Rushworth	48:30	<b>63.9</b>	31:00	
Sue Wade	48:32	<b>63.9</b>	31:00	
Paula Pickersgill	48:49	<b>63.5</b>	31:00	
Jonathan Taylor	49:15	<b>62.9</b>	31:00	
Paul Butterfield	49:27	<b>62.7</b>	31:00	
Paul Armitage	49:29	<b>62.6</b>	31:00	
Claire Haigh	50:18	<b>61.6</b>	31:00	
Christine Gale	50:59	<b>60.8</b>	31:00	
Sally McGregor	51:22	<b>60.4</b>	31:00	
Sandy Gee	52:11	<b>59.4</b>	31:00	
Heather Anderson	52:21	<b>59.2</b>	31:00	
Dawn Medlock	52:22	<b>59.2</b>	31:00	
Jenny Walker	56:10	<b>55.2</b>	31:00	
Helen Rees	56:48	<b>54.6</b>	31:00	
Rosaline Sykes	60:46	<b>51.0</b>	31:00	

<b>Meltham 10K</b>				
<b>Name</b>	<b>Time</b>	<b>Score off 36:58</b>	<b>Top 3 Average = 36:58</b>	
<b>Paul Corns</b>	46:38	<b>79.3</b>	36:58	
<b>Steve Hallam</b>	48:29	<b>76.2</b>	36:58	
<b>Helen Armitage</b>	50:17	<b>73.5</b>	36:58	
<b>Heather Moffat</b>	52:05	<b>71.0</b>	36:58	
<b>Maria Harron</b>	52:06	<b>71.0</b>	36:58	
<b>Michelle Rogerson</b>	52:12	<b>70.8</b>	36:58	
<b>Martin O'Brien</b>	52:28	<b>70.5</b>	36:58	
<b>Mark Preston</b>	54:56	<b>67.3</b>	36:58	
<b>Sue Cash</b>	57:16	<b>64.6</b>	36:58	
<b>Laraine Penson</b>	59:45	<b>61.9</b>	36:58	
<b>John Rushworth</b>	60:47	<b>60.8</b>	36:58	
<b>Paul Armitage</b>	63:31	<b>58.2</b>	36:58	
<b>Sandy Gee</b>	63:37	<b>58.1</b>	36:58	

Table 1

Thirsk 10				
Name	Time	Score off 50:02	Top 3 Average = 50:02	
Gavin Foster	59:09	84.6	50:02	
Richard Crombie	63:01	79.4	50:02	
Derek Parrington	69:19	72.2	50:02	
Paul Corns	71:39	69.8	50:02	
Lorraine Naylor	74:22	67.3	50:02	
Maria Chandler	83:47	59.7	50:02	
Mark Preston	84:34	59.2	50:02	
Lindsay Upton	89:14	56.1	50:02	
John Rushworth	90:17	55.4	50:02	
Hayley Kelly	91:55	54.4	50:02	
Claire Haigh	94:05	53.2	50:02	
Laraine Penson	94:15	53.1	50:02	
Heather Anderson	97:49	51.2	50:02	

<b>Wilmslow HM</b>				
<b>Name</b>	<b>Time</b>	<b>Score off 1:03:45</b>	<b>Top 3 Average =</b>	
<b>Gavin Foster</b>	78:25	<b>81.3</b>	63:45	
<b>Mark Pigford</b>	90:13	<b>70.7</b>	63:45	
<b>Steve Hallam</b>	99:53	<b>63.8</b>	63:45	
<b>Helen Armitage</b>	102:13	<b>62.4</b>	63:45	
<b>Clayton Cutter</b>	102:51	<b>62.0</b>	63:45	
<b>Lorraine Naylor</b>	105:09	<b>60.6</b>	63:45	
<b>Gary Barnes</b>	107:47	<b>59.1</b>	63:45	
<b>Joanne Kitcher</b>	110:52	<b>57.5</b>	63:45	
<b>Maria Chandler</b>	117:00	<b>54.5</b>	63:45	
<b>Christine Cliffe</b>	117:14	<b>54.4</b>	63:45	
<b>Gav Dodd</b>	118:34	<b>53.8</b>	63:45	
<b>Hayley Kelly</b>	120:42	<b>52.8</b>	63:45	
<b>Sue Wade</b>	124:54	<b>51.0</b>	63:45	
<b>John Rushworth</b>	125:27	<b>50.8</b>	63:45	
<b>Claire Haigh</b>	125:43	<b>50.7</b>	63:45	
<b>Phil Richards</b>	138:43	<b>46.0</b>	63:45	



<b>Brun Valley 10K</b>				
<b>Name</b>	<b>Time</b>	<b>Score off 36:30</b>	<b>Top 3 Average = 36:30</b>	
Phil Moyles	44:07	82.7	36:30	
Fraser Ambrose	44:48	81.5	36:30	
David Farrar	46:23	78.7	36:30	
Clare Smith	47:58	76.1	36:30	
Martin Wood	49:50	73.2	36:30	
Paul Patrick	49:55	73.1	36:30	
Helen Armitage	50:50	71.8	36:30	
Maria Harron	51:21	71.1	36:30	22
Heather Moffat	51:35	70.8	36:30	
Damien Pearson	51:39	70.7	36:30	
Ian Hoskins	51:45	70.5	36:30	
Steve Hallam	51:50	70.4	36:30	
Michelle Rogerson	52:32	69.5	36:30	
Mark Preston	52:45	69.2	36:30	
Steve Crowther	53:31	68.2	36:30	
Ray Mooney	53:46	67.9	36:30	
John Ingles	54:31	67.0	36:30	
Lindsay Upton	55:37	65.6	36:30	
Sue Cash	58:56	61.9	36:30	
Sandy Gee	59:11	61.7	36:30	
John Rushworth	61:15	59.6	36:30	
Claire Haigh	61:52	59.0	36:30	
Paula Pickersgill	62:05	58.8	36:30	
Heather Anderson	62:30	58.4	36:30	
Paul Armitage	65:25	55.8	36:30	
Richard Brewster	68:49	53.0	36:30	

<b>Wardle Skyline FELL Race</b>				
<b>Name</b>	<b>Time</b>	<b>Score off 50:43 (Includes adjustment for the first 8 runners cutting the route short!)</b>	<b>Top 3 Average =</b>	<b>+ 10 Bonus Points</b>
<b>James Penson</b>	59:56	84.6	50:43	<b>94.6</b>
<b>Jim Harris</b>	61:29	82.5	50:43	<b>92.5</b>
<b>Martin Wood</b>	67:21	75.3	50:43	<b>85.3</b>
<b>Paul Patrick</b>	68:38	73.9	50:43	<b>83.9</b>
<b>Damien Pearson</b>	70:24	72.0	50:43	<b>82</b>
<b>Steve Crowther</b>	75:41	67.0	50:43	<b>77</b>
<b>Lindsay Upton</b>	77:41	65.3	50:43	<b>75.3</b>
<b>Paula Pickersgill</b>	85:28	59.3	50:43	<b>69.3</b>
<b>Sue Cash</b>	91:13	55.6	50:43	<b>65.6</b>

Table 1

<b>Northowrun 5</b>				
Name	Time	Score off 30:01	Top 3 Average = 30:01	
Mags Beever	32:18	92.9	30:01	
Richard Crombie	34:09	87.9	30:01	
Phil Moyles	35:00	85.8	30:01	
Derek Parrington	35:38	84.2	30:01	
Daniel Sykes	36:03	83.3	30:01	
David Farrar	37:04	81.0	30:01	
Mark Preston	38:32	77.9	30:01	
Steve Hallam	38:36	77.8	30:01	
Ben Golding-Smith	39:02	76.9	30:01	
Clayton Cutter	39:07	76.7	30:01	
Martin Wood	40:00	75.0	30:01	
Helen Armitage	40:09	74.8	30:01	
Michelle Rogerson	41:29	72.4	30:01	
Angela Lee	42:41	70.3	30:01	
Tim Walker	42:59	69.8	30:01	
Laura Goodwin	44:08	68.0	30:01	
Lindsay Upton	44:40	67.2	30:01	
John Carless	44:41	67.2	30:01	
Susan Wade	44:42	67.2	30:01	
Sue Cash	44:59	66.7	30:01	
John Rushworth	45:25	66.1	30:01	
Paula Pickersgill	46:24	64.7	30:01	
Maria Chandler	46:33	64.5	30:01	
Hayley Kelly	47:12	63.6	30:01	
Paul Butterfield	47:19	63.4	30:01	
Sandy Gee	47:26	63.3	30:01	
Claire Haigh	47:57	62.6	30:01	
Alan Whiteley	48:18	62.1	30:01	
Heather Anderson	48:35	61.8	30:01	
Phil Richards	49:07	61.1	30:01	
Becky Hill	50:19	59.7	30:01	
Jenny Walker	51:08	58.7	30:01	
Anne-Marie Killeen	52:47	56.9	30:01	
Helen Rees	57:52	51.9	30:01	
Rosaline Sykes	57:52	51.9	30:01	

Table 1

Marsden 10			
Name	Time	Score off 72:37	Top 3 Average = 72:37
Richard Crombie	82:35	87.9	72:37
Jim Harris	83:58	86.5	72:37
Clayton Cutter	90:40	80.1	72:37
Mark Preston	92:03	78.9	72:37
Andrew Earnshaw	93:00	78.1	72:37
Martin Wood	93:44	77.5	72:37
Aileen Baldwin	99:22	73.1	72:37
Helen Armitage	100:29	72.3	72:37
Laura Goodwin	104:07	69.7	72:37
Michelle Rogerson	104:25	69.5	72:37
Ali. Audsley	108:46	66.8	72:37
Jonathan Taylor	110:19	65.8	72:37
Paula Pickersgill	116:01	62.6	72:37
Laraine Penson	120:54	60.1	72:37
Becky Hill	127:12	57.1	72:37
Alex Whyte	133:10	54.5	72:37
Paul Armitage	142:56	50.8	72:37

Table 1

<b>Joe Percy</b>			
<b>Name</b>	<b>Time</b>	<b>Score off 34:15</b>	<b>Top 3 Average = 34:15</b>
Gav Foster	37:23	91.6	34:15
Richard Crombie	40:40	84.2	34:15
Phil Moyles	42:22	80.8	34:15
Daniel Sykes	43:17	79.1	34:15
Jim Harris	43:36	78.6	34:15
Nav Uppal	44:15	77.4	34:15
David Farrar	44:59	76.1	34:15
James Penson	45:15	75.7	34:15
Paul Corns	45:57	74.5	34:15
Clare Smith	46:34	73.6	34:15
Clayton Cutter	46:54	73.0	34:15
Mark Preston	47:30	72.1	34:15
Helen Armitage	47:40	71.9	34:15
Steve Hallam	47:43	71.8	34:15
Suzanne Patterson	47:44	71.8	34:15
Katy Sykes	48:31	70.6	34:15
Gaby Ferris	48:40	70.4	34:15
Sally Caton	49:08	69.7	34:15
Liz Norman	49:59	68.5	34:15
Maria Harron	50:01	68.5	34:15
Ray Mooney	50:44	67.5	34:15
Lorraine Naylor	50:52	67.3	34:15
Ian Hoskins	50:59	67.2	34:15
Aileen Baldwin	51:01	67.1	34:15
Michelle Rogerson	52:15	65.6	34:15
Steve Crowther	52:36	65.1	34:15
Joanne Kitcher	53:06	64.5	34:15
Laura Goodwin	53:17	64.3	34:15
Ian Johnson	54:17	63.1	34:15
Clare Thomas	54:33	62.8	34:15
Cat Daniel	54:57	62.3	34:15
Lindsay Upton	55:15	62.0	34:15
Sue Cash	56:53	60.2	34:15
John Rushworth	58:15	58.8	34:15
Paula Pickersgill	58:22	58.7	34:15
Sandy Gee	59:35	57.5	34:15
Paul Butterfield	61:14	55.9	34:15
Heather Anderson	62:30	54.8	34:15
Phil Richards	64:37	53.0	34:15
Anne-Marie Killeen	68:48	49.8	34:15

Table 1

<b>Holme Valley 5 Miler</b>			
<b>Name</b>	<b>Time</b>	<b>Score off 31:12</b>	<b>Top 3 Average = 31:12</b>
Richard Crombie	36:40	85.1	31:12
Mags Beever	36:55	84.5	31:12
David Farrar	38:50	80.3	31:12
Mark Preston	41:36	75.0	31:12
Suzanne Patterson	41:39	74.9	31:12
Sally Caton	43:59	70.9	31:12
Lorraine Naylor	44:39	69.9	31:12
Gerry Banham	44:55	69.5	31:12
Ian Johnson	45:09	69.1	31:12
Laura Goodwin	45:39	68.3	31:12
Steve Crowther	46:28	67.1	31:12
Amanda Zito	47:07	66.2	31:12
Angela Lee	47:47	65.3	31:12
Sue Cash	51:28	60.6	31:12
Paul Butterfield	53:03	58.8	31:12
Heather Anderson	54:15	57.5	31:12
Sandy Gee	55:25	56.3	31:12
Phil Richards	57:33	54.2	31:12
Becky Hill	59:24	52.5	31:12
Anne-Marie Killeen	62:40	49.8	31:12

Table 1

<b>Hepworth Trail</b>			
<b>Name</b>	<b>Time</b>	<b>Score off 34:45</b>	<b>Top 3 Average = 34:46</b>
Richard Crombie	39:20	88.4	34:46
Mags Beever	39:59	87.0	34:46
Daniel Sykes	41:31	83.7	34:46
Paul Corns	45:12	76.9	34:46
Martin Wood	45:18	76.7	34:46
Mark Preston	45:31	76.4	34:46
Paul Patrick	45:35	76.3	34:46
Steve Hallam	47:07	73.8	34:46
Lorraine Naylor	47:32	73.1	34:46
Helen Armitage	47:41	72.9	34:46
Ray Mooney	47:52	72.6	34:46
Sally Caton	48:53	71.1	34:46
Ian Johnson	50:22	69.0	34:46
Gerry Banham	52:00	66.9	34:46
Angela Lee	52:14	66.6	34:46
Maria Chandler	56:12	61.9	34:46
Heather Anderson	57:20	60.6	34:46
Paula Pickersgill	57:44	60.2	34:46
Jonathan Taylor	60:14	57.7	34:46
Phil Richards	61:38	56.4	34:46
Becky Hill	66:46	52.1	34:46

Table 1

<b>Hopwood Trot</b>			
<b>Name</b>	<b>Time</b>	<b>Score off 33:24</b>	<b>Top 3 Average = 33:24</b>
Phil Moyles	37:35	88.9	33:24
David Farrar	38:38	86.5	33:24
Lorraine Naylor	41:05	81.3	33:24
Steve Hallam	41:12	81.1	33:24
Mark Preston	41:42	80.1	33:24
Helen Armitage	42:26	78.7	33:24
Sally Caton	42:33	78.5	33:24
Heather Moffat	42:49	78.0	33:24
Ian Johnson	45:35	73.3	33:24
John Carless	46:06	72.5	33:24
Jonathan Taylor	47:56	69.7	33:24
Claire Haigh	51:29	64.9	33:24
Becky Hill	51:40	64.6	33:24
Hayley Kelly	53:10	62.8	33:24
Paul Armitage	53:34	62.4	33:24
Phil Richards	54:07	61.7	33:24



Table 1

<b>Piethorne 10K</b>				
<b>Name</b>	<b>Time</b>	<b>Score off 39:58</b>	<b>Top 3 Average = 39:58</b>	<b>+ 10 Bonus Points</b>
Richard Crombie	47:26	84.3	39:58	<b>94.3</b>
Jim Harris	51:04	78.3	39:58	<b>88.3</b>
Andy Earnshaw	51:58	76.9	39:58	<b>86.9</b>
Paul Patrick	54:13	73.7	39:58	<b>83.7</b>
Derek Parrington	54:24	73.5	39:58	<b>83.5</b>
Lorraine Naylor	56:00	71.4	39:58	<b>81.4</b>
Martin Wood	56:01	71.3	39:58	<b>81.3</b>
Steve Hallam	57:14	69.8	39:58	<b>79.8</b>
Martin O'Brien	58:42	68.1	39:58	<b>78.1</b>
Aileen Baldwin	60:33	66.0	39:58	<b>76.0</b>
Paul Brough	61:36	64.9	39:58	<b>74.9</b>
Angela Lee	61:53	64.6	39:58	<b>74.6</b>
John Carless	63:07	63.3	39:58	<b>73.3</b>
Jonathan Taylor	63:17	63.2	39:58	<b>73.2</b>
John Bassinder	63:23	63.1	39:58	<b>73.1</b>
Lindsay Upton	63:24	63.0	39:58	<b>73.0</b>
Rikki Hammond	65:00	61.5	39:58	<b>71.5</b>
Paul Butterfield	69:05	57.9	39:58	<b>67.9</b>
Paula Pickersgill	69:39	57.4	39:58	<b>67.4</b>
Christine Gale	70:29	56.7	39:58	<b>66.7</b>
Sandy Gee	71:49	55.7	39:58	<b>65.7</b>
Becky Hill	77:33	51.5	39:58	<b>61.5</b>
Annie Killeen	80:42	49.5	39:58	<b>59.5</b>

Table 1

Tholthorpe 10K				
Name	Time	Score off 33:53	Top 3 Average = 33:53	
Lorraine Naylor	47:10	71.8	33:53	
Steve Hallam	47:28	71.4	33:53	
Clare Thomas	52:04	65.1	33:53	
John Carless	52:11	64.9	33:53	
Sue Cash	56:12	60.3	33:53	
Hayley Kelly	59:38	56.8	33:53	
Claire Haigh	61:39	55.0	33:53	

Table 1

Stairway To Heaven				
Name	Time	Score off 61:25	Top 3 Average = 61:25	
Martin Wood	74:45	82.2	61:25	
Lorraine Naylor	75:33	81.3	61:25	
Mark Preston	82:37	74.3	61:25	
Laura Goodwin	84:30	72.7	61:25	
Sandy Gee	94:16	65.2	61:25	
Heather Anderson	98:56	62.1	61:25	

Holmfirth 10K				
Name	Time	Score off 35:29	Top 3 Average = 35:29	
David Farrar	46:00	77.1	35:29	
Steve Hallam	48:00	73.9	35:29	
Paul Patrick	48:35	73.0	35:29	
Mark Preston	49:00	72.4	35:29	
Helen Armitage	49:10	72.2	35:29	
Michelle Rogerson	51:22	69.1	35:29	
Ray Mooney	51:46	68.5	35:29	
Laura Goodwin	54:27	65.2	35:29	
John Carless	55:31	63.9	35:29	
Joanne Kitcher	55:40	63.7	35:29	
Tim Neville	56:12	63.1	35:29	
Paula Pickersgill	57:34	61.6	35:29	
Paul Butterfield	58:54	60.2	35:29	
Heather Anderson	60:20	58.8	35:29	
Wayne Underwood	63:03	56.3	35:29	
Paul Armitage	64:28	55.0	35:29	

Table 1

Bronte Way FR				
Name	Time	Score off 56:46	Top 3 Average = 56:46	+ 10 Bonus Points
Paul Patrick	82:09	69.1	56:46	79.1
Lorraine Naylor	82:45	68.6	56:46	78.6
Martin O'Brien	84:12	67.4	56:46	77.4
Heather Moffat	89:00	63.8	56:46	73.8
Laura Goodwin	89:08	63.7	56:46	73.7
Steve Hallam	90:26	62.8	56:46	72.8
John Bassinder	90:44	62.6	56:46	72.6
Steve Crowther	91:41	61.9	56:46	71.9
Tim Walker	91:47	61.8	56:46	71.8
John Carless	98:53	57.4	56:46	67.4
Paula Pickersgill	99:36	57.0	56:46	67.0
Sue Cash	106:29	53.3	56:46	63.3
Alex Whyte	112:03	50.7	56:46	60.7
Jenny Walker	117:34	48.3	56:46	58.3
John Rushworth	128:30	44.2	56:46	54.2
Becky Hill	131:48	43.1	56:46	53.1

Table 1

<b>Guy Fawkes 10</b>			
<b>Name</b>	<b>Chip Time</b>	<b>Score off 57:00</b>	<b>Top 3 Average = 57:00</b>
Gav Foster	62:13	91.6	57:00
Sean Thompson	75:29	75.5	57:00
Daniel Sykes	76:09	74.9	57:00
Paul Corns	77:36	73.5	57:00
Steve Hallam	79:43	71.5	57:00
Helen Armitage	81:46	69.7	57:00
Clayton Cutter	82:45	68.9	57:00
Sally Caton	82:48	68.8	57:00
Paul Brough	84:12	67.7	57:00
Michelle Rogerson	84:50	67.2	57:00
Ray Mooney	85:52	66.4	57:00
Katie Sykes	86:25	66.0	57:00
Amanda Zito	87:47	64.9	57:00
Laura Goodwin	90:01	63.3	57:00
Joanne Kitcher	90:35	62.9	57:00
Rebecca Gvozdenko	90:40	62.9	57:00
John Carless	91:15	62.5	57:00
Gail Schofield	91:37	62.2	57:00
Rikki Hammond	93:03	61.3	57:00
Sandy Gee	93:22	61.0	57:00
Hayley Kelly	97:54	58.2	57:00
Paul Butterfield	102:13	55.8	57:00
Heather Anderson	103:31	55.1	57:00
Wendy Goodwin	105:20	54.1	57:00
Claire Haigh	105:37	54.0	57:00
Phil Richards	109:49	51.9	57:00
Carol Lord	115:18	49.4	57:00
Lesley Henderson	117:14	48.6	57:00
Peter Cawdron	117:58	48.3	57:00
Paul Armitage	118:21	48.2	57:00
Sue Shepherd	126:49	44.9	57:00
Alison Bamford	126:57	44.9	57:00
Jackie Barker	129:14	44.1	57:00
Anne Cawdron	136:23	41.8	57:00
Alan Gibson	140:01	40.7	57:00

Table 1

<b>Clowne HM</b>				
<b>Name</b>	<b>Time</b>	<b>Score off 1:15:43</b>	<b>Top 3 Average = 1:15:43</b>	
Gavin Foster	79:47	94.9	75:43	
Helen Armitage	105:49	71.6	75:43	
Michelle Rogerson	111:46	67.7	75:43	
John Carless	116:14	65.1	75:43	
Joanne Kitcher	117:19	64.5	75:43	
Hayley Kelly	124:20	60.9	75:43	
Paul Butterfield	127:38	59.3	75:43	
Maria Chandler	128:03	59.1	75:43	
Paula Pickersgill	129:25	58.5	75:43	
Alex Whyte	141:01	53.7	75:43	
Trish Hallowell	160:46	47.1	75:43	