

Pos	Race no	Time	Name	Category	Team
1	225	69.02	Gareth Raven	M40	Sale Harriers
2	42	70.07	Gavin Mulholland	M40	Stainland Lions
3	457	77.25	Adam Breaks	M35	Unattached
4	428	78.17	Richard Hand	M35	Stainland Lions
5	68	78.23	Mike Flatley	M45	Middleton Harriers
6	22	78.34	David Driver	M35	Hyde Park Harriers
7	236	79.01	Jonathan Collins	M35	Stainland Lions
8	357	79.26	Saul Muldoon	M40	Stadium Runners
9	27	79.29	Simon Rycroft	M	Pocklington Runners
10	478	79.43	Marc Sennett	M	Wharfedale Harriers
11	122	80.06	Andrew Ferguson	M35	Stadium Runners
12	151	82.06	Jonny Cartwright	M45	Stadium Runners
13	355	82.29	Paul Jibson	M45	Middleton Harriers
14	293	82.43	Tom Mccgaff	M60	Wilmslow RC
15	303	83.23	Allan Mccormick	M	Wilmslow RC
16	352	84.15	Ashley Cavalier	M	Stainland Lions
17	393	85.07	Ben Ayres	M35	Stadium Runners
18	86	85.24	David Roberts	M50	Stainland Lions
19	212	86.01	James Lewis	M35	Unattached
20	55	86.19	Ian Sutcliffe	M40	Stadium Runners
21	451	86.29	Graham Screawn	M45	Wilmslow RC
22	371	86.32	Phil Chritchlow	M45	Beaumont Running Club
23	320	86.39	Michael Cottam	M	Stadium Runners
24	238	87.07	Derek Parrington	M50	Stainland Lions
25	412	87.29	Daniel Greenwood	M	Unattached
26	83	87.48	Martin Fillingham	M40	Saltaire Striders
27	282	87.54	Dan Jones	M	Dewsbury Road Runners
28	480	88.22	Martin Lofthouse	M45	Nidd Valley Road Runners
29	230	89.06	John Calvert	M45	Dewsbury Road Runners
30	330	89.39	Matthew Taylor	M40	Wilmslow RC
31	280	89.47	Paul Robertson	M50	Delamere Spartans
32	410	89.49	Stephen Pickup	M40	Stadium Runners
33	483	90.02	Robert Jinks	M	Beaumont Running Club
34	440	90.12	David Cooper	M40	Unattached
35	123	90.31	Robert Buchanan	M35	Stadium Runners
36	53	90.37	Danny Peat	M	Bramley Blasters
37	62	90.55	Dave Webb	M40	Stainland Lions
38	94	91.03	Peter May	M55	Queensbury
39	14	91.14	Adam Moger	M35	Kirkstall Harriers
40	292	91.22	Jarrold Homer	M45	Wilmslow RC
41	99	91.55	P B Coomber	F50	Denby Dale Travellers
42	376	92.07	Paul Smith	M40	Valley Striders
43	237	92.14	Steve Broadfoot	M50	Knowsley Harriers
44	61	92.31	Gav Fearnley	M35	Bramley Blasters
45	275	92.42	Ian Smallwood	M50	Wilmslow RC
46	319	93.12	Oliver Lister	M	Unattached
47	289	93.2	Louisa Harrison	F40	Wilmslow RC
48	173	93.22	Steve Bunker	M50	Wilmslow RC
49	105	93.28	Keith Long	M50	Dewsbury Road Runners
50	369	93.39	Allan Parkin	M50	Unattached
51	455	93.48	Daryl Young	M	Unattached
52	26	94.22	Andrew Irving	M	Halifax Harriers
53	11	94.27	Matthew Pattison	M35	Stadium Runners

54	368	94.46 John Smith	M35	Unattached
55	365	94.55 Lyndsay Oldfield	F	Stainland Lions
56	364	94.57 Richard Lawson	M40	Wilmslow RC
57	308	95.06 Mike Deacon	M50	Nidd Valley Road Runners
58	381	95.58 Ian Taylor	M40	Unattached
59	97	95.58 Sally Houghton	F50	Unattached
60	447	96.2 Andy Oldfield	M	Unattached
61	250	96.46 Stuart Proctor	M	Unattached
62	403	96.53 Matthew Carter	M45	Stadium Runners
63	57	96.58 James Booth	M	Hyde Park Harriers
64	401	97 Paul Whiteman	M	Middleton Harriers
65	448	97.04 Chris Oldfield	M	Unattached
66	469	97.07 Paula Statham	F	Stainland Lions
67	434	97.08 Richard Nixon	M45	Saltaire Striders
68	44	97.11 Niamh Jackson	F35	Kirkstall Harriers
69	129	97.12 Neil Ibbotson	M50	Unattached
70	49	97.23 Jonathan Eagle	M50	Horsforth Harriers
71	488	97.29 Richard Godden	M40	Roberttown Road Runners
72	343	97.32 David Miller	M45	Stadium Runners
73	356	97.37 Steven Lewis	M50	Middleton Harriers
74	325	97.54 Mark Lee	M35	Unattached
75	420	98.05 Mark Allan	M40	Unattached
76	254	98.05 Michael Connor	M50	Knowsley Harriers
77	87	98.32 Justin Waterhouse	M35	Bramley Blasters
78	147	98.38 Stuart McCormick	M45	Stadium Runners
79	6	98.38 Neil Wallace	M40	Pudsey Pacers
80	131	98.41 James Harris	M40	Stainland Lions
81	327	98.45 Andrew Byram	M40	Dewsbury Road Runners
82	495	98.5 Geoff Sanders	M35	Unattached
83	465	99.02 Andrew Stott	M40	Queensbury
84	333	99.09 Paul Norris	M55	Wilmslow RC
85	473	99.09 Anna Keys	F	Pudsey Pacers
86	90	99.15 Richard Bory	M60	Valley Hill Runners
87	479	99.16 David Scrivener	M35	Unattached
88	80	99.19 Rebecca Rogers	F	Hyde Park Harriers
89	288	99.2 Kevin Watson	M50	Dewsbury Road Runners
90	71	99.21 Lynn Birchall	F40	Stadium Runners
91	290	99.33 Gareth Trimble	M40	Wilmslow RC
92	253	99.42 Steve Perren	M45	Meltham AC
93	466	100.06 Stuart Williamson	M45	Unattached
94	433	100.09 Jack Verity	M55	Saltaire Striders
95	314	100.18 Christian Hook	M40	Wilmslow RC
96	470	100.23 Rochelle Drake	F	Stainland Lions
97	342	100.31 Sally Gilliver	F50	Wilmslow RC
98	140	100.39 Richard Ellis	M40	Unattached
99	25	100.51 Ashleigh Grailey	F	Stadium Runners
100	24	100.51 Darren Earnshaw	M35	Stadium Runners
101	64	101.27 Christopher Stanhope	M50	Eccleshill Road Runners
102	438	101.44 Kevin Jagger	M45	Stainland Lions
103	67	102.02 Simon Jump	M40	Unattached
104	63	102.13 Andy Earnshaw	M35	Stainland Lions
105	248	102.2 Paul Kirk	M55	Unattached
106	300	102.23 Adam Theakston	M	Unattached
107	165	102.34 Andrew Edwards	M	Unattached

108	444	102.4 Steven Lilley	M40	Bramley Blasters
109	208	102.47 Claire Geeson	F	Hyde Park Harriers
110	91	102.52 Paul Corns	M45	Stainland Lions
111	228	102.57 Tony Hulme	M65	Wilmslow RC
112	424	103.05 Sarah Brewer	F40	Meltham AC
113	430	103.2 Andy Thorpe	M50	Calder Valley Fell Runners
114	382	103.42 Andrew Richardson	M	Stadium Runners
115	193	103.5 Robin Culshaw	F	Hyde Park Harriers
116	449	103.55 Luke Beaumont	M	Abbey Runners
117	256	104.04 Helen Hudson	F45	Stainland Lions
118	113	104.16 Tracy Henderson	F35	Sedgefield Harriers
119	186	104.43 Martin Mondon	M45	Unattached
120	408	104.51 Patrick Grannan	M60	Wilmslow RC
121	146	105.12 Chris Cannon	M55	Wilmslow RC
122	467	105.2 Elizabeth Sanderson	F35	Halifax Harriers
123	309	105.31 Fiona Deacon	F50	Nidd Valley Road Runners
124	223	105.36 Huma Rahman	F45	Wilmslow RC
125	65	105.4 Aileen Baldwin	F60	Stainland Lions
126	395	105.46 Paul Bamford	M35	Unattached
127	404	105.49 Dave Owen	M40	Unattached
128	437	105.53 Tracy Foy	F45	Saltaire Striders
129	234	106.01 Will Rutter	M	Unattached
130	244	106.02 Mark Davies	M55	Stadium Runners
131	407	106.05 Louise Gill	F	Doncaster
132	279	106.1 Michael Tomlinson	M	Unattached
133	204	106.21 Gail Hill	F40	Wilmslow RC
134	38	106.3 Emma David	F35	Nidd Valley Road Runners
135	363	106.35 Chris Dobson	M60	Unattached
136	43	106.4 Graham Jowett	M65	Queensbury
137	429	106.47 David Culpan	M50	Stainland Lions
138	191	106.5 Andrew Essex	M55	Saddleworth Runners
139	284	106.52 Nicky Mowat	F55	Wilmslow RC
140	215	106.53 Emma Ball	F40	Middleton Harriers
141	497	107.03 Emma Thompson	F35	Stainland Lions
142	118	107.07 Andrew Mackrill	M35	Stainland Lions
143	302	107.13 Diane Mcvey	F35	Wilmslow RC
144	179	107.4 Jonathan Harper	M45	Wilmslow RC
145	124	107.57 Jason Beckett	M45	Bingley Harriers
146	222	107.58 David Crawford	M45	Unattached
147	350	108 Amanda Bradbury	F40	Wilmslow RC
148	252	108.01 Gareth Harland	M35	Eccleshill Road Runners
149	261	108.04 Richard James Lockwood	M45	Unattached
150	273	108.16 Rebecca Langdon	F35	Baildon Runners
151	213	108.21 Belinda Hammond	F	Sale Harriers
152	464	108.27 Andrew Dodd	M40	Wilmslow RC
153	468	108.3 Sally Price	F35	Wilmslow RC
154	84	108.38 Moira Alderson	F40	Stainland Lions
155	411	109.03 Mark Bennett	M40	Unattached
156	104	109.25 Fiona Howarth	F	Stainland Lions
157	498	109.36 Darren Horobin	M40	Ackworth Road Runners
158	405	109.37 Dave Seaman	M65	Nidd Valley Road Runners
159	399	109.47 Craig Sutherland	M55	Middleton Harriers
160	111	109.49 Neil Hill	M45	Unattached
161	476	109.55 Chris Sharp	M40	Unattached

162	432	110 Roy Scriven	M55	Huddersfield Road Runners
163	421	110.23 Michael Bull	M65	Middleton Harriers
164	294	110.26 Andrew Pigg	M50	Stadium Runners
165	144	110.27 Melanie West	F40	Baildon Runners
166	353	110.35 Andrea Lawton-hyde	F	Unattached
167	321	110.41 John Cottam	M55	Stadium Runners
168	423	110.58 Steven Crowther	M45	Stainland Lions
169	358	111.22 Peter Mcevoy	M60	Denby Dale Travellers
170	269	111.52 Emma Coverley	F35	Unattached
171	456	112.02 Hassan Ditta	M40	Unattached
172	2	112.07 Kezia Rooke	F	Halifax Harriers
173	477	112.12 Paul O'boyle	M	Unattached
174	392	112.24 Malcolm Sygrove	M45	Elvet Striders
175	153	112.24 Glen Carden	M	Unattached
176	422	112.39 Lauren Williams	F	Middleton Harriers
177	486	112.51 Carolyn Hirons	F45	Wilmslow RC
178	176	112.53 James Gowin	M35	Wilmslow RC
179	436	112.55 Malcolm Foy	M50	Saltaire Striders
180	328	112.57 Mark Speight	M50	Stainland Lions
181	427	112.59 Jackie Franks	F50	Esk Valley Fell Club
182	233	113 David Burns	M35	Unattached
183	114	113.1 Nigel Greenwood	M40	Unattached
184	134	113.11 Jane Webster	F45	Horsforth Harriers
185	298	113.11 Tim Harris	M55	Dewsbury Road Runners
186	205	113.14 Jonathan Pybus	M40	Stainland Lions
187	482	113.16 Veronika Dolgos	F	Unattached
188	281	113.24 Stephen Loftus	M50	Unattached
189	77	113.39 Caroline Ford	F35	Stainland Lions
190	296	113.48 Graham Teal	M50	Stainland Lions
191	461	113.49 Harriet Kirk	F	Pudsey Pacers
192	305	114 William Sanderson	M	Unattached
193	196	114.02 James Malthouse	M35	Unattached
194	194	114.03 Rob Myers	M55	Baildon Runners
195	47	114.17 Marion Muir	F35	Kirkstall Harriers
196	390	114.24 Michael Goodwin	M55	Huddersfield Road Runners
197	201	114.27 Joe Hodgson	M	Unattached
198	148	114.36 Ruth Thompson	F35	Stadium Runners
199	141	114.4 Debbie Rycroft	F	Pocklington Runners
200	340	114.47 Ranjit Uppal	M40	Stainland Lions
201	241	114.5 Carl Lecomber	M55	Stadium Runners
202	370	114.54 Helen Knight	F40	Royton Road Runners
203	458	114.54 Christina Sunderland	F35	Stadium Runners
204	258	115.06 Chris Wragg	M45	Unattached
205	257	115.32 Andrea Wragg	F40	Unattached
206	199	115.48 Nathan Walker	M	Lordshill Road Runners
207	219	115.5 Megan Staples	F	Stadium Runners
208	7	116.31 Val Done	F50	Wharfedale Harriers
209	267	116.34 Paul Brotherton	M35	Unattached
210	345	116.45 Alastair Craven	M45	Unattached
211	278	117.03 Martin Dearie	M40	Unattached
212	415	117.04 Ruth Warren	F60	Valley Striders
213	126	117.05 Melanie Williamson	F35	Chorlton Runners
214	16	117.17 Roger Davis	M50	Otley Ac
215	183	117.22 Mark Davis	M35	Unattached

216	335	117.22 Neil Baxter	M35	Skyrac
217	374	117.25 Soraya Mason	F45	Wilmslow RC
218	182	117.32 Terry Bussey	M40	Unattached
219	329	117.47 Ben Greenhalgh	M50	Unattached
220	150	117.48 Nicki Cartwright	F35	Stadium Runners
221	387	118.05 Emily Maguire	F	Unattached
222	70	118.07 Stephen Gledhill	M50	Eccleshill Road Runners
223	232	118.07 Elaine Blades-jordan	F35	Middleton Harriers
224	287	118.1 Annabel Sykes	F	Unattached
225	20	118.11 Kathryn Sygrove	F45	Elvet Striders
226	211	118.2 Amy Oatway	F	Stadium Runners
227	453	118.21 Rob Hoult	M40	Stadium Runners
228	312	118.22 Clare Hawkes	F50	Wilmslow RC
229	229	118.37 Trudy Melvin	F45	Unattached
230	462	118.39 Catherine O'shaughnessy	F40	Stainland Lions
231	394	119.03 Ruth Morris	F	Unattached
232	48	119.09 Matthew Briggs	M40	Unattached
233	367	119.1 Mary Abbott	F55	Unattached
234	406	119.19 Sharon Lever	F40	Unattached
235	188	119.24 Keith Pleasant	M35	Oldham & Royton Harriers
236	475	119.25 Karen Bowman	F35	Unattached
237	317	119.26 Kathy Armitage	F40	Stadium Runners
238	78	119.32 Brett Rhodes	M40	Holmfirth Harriers
239	383	119.34 Katie Taylor	F	Abbey Runners
240	139	119.36 Viv Samuelson	F	Swinton Running Club
241	60	119.5 John Spindler	M50	
242	156	120.04 Gilly Markham	F55	Meltham AC
243	454	120.06 Roy Bradley	M65	Saddleworth Runners
244	117	120.07 Katherine Brierley	F40	Royton Road Runners
245	494	120.13 Karen Kirkbright	F50	Dragons
246	251	120.21 Sarah Rawlings	F45	Eccleshill Road Runners
247	261	120.21 Richard James Lockwood	M45	Unattached
248	249	120.47 Sharron Broadley	F50	Stadium Runners
249	202	120.48 Antony Mcmanus	M45	Calder Valley Fell Runners
250	425	120.51 Beverley Eastwood	F50	Esk Valley Fell Club
251	189	121.05 Roy Lunt	M40	Stainland Lions
252	313	121.09 Sarah Miles	F35	Wilmslow RC
253	164	121.15 Myra Owen	F50	Unattached
254	93	121.24 Joanne Cooke	F40	Stainland Lions
255	481	121.44 Rachel Pottinger	F	Unattached
256	270	121.45 Ian Hartman	M65	Baildon Runners
257	344	122.01 Clare Usher	F45	Unattached
258	246	122.05 Joanna Lockwood	F40	Fetch Everyone
259	13	122.24 Gillian Jago	F40	Eccleshill Road Runners
260	492	122.43 Oksana Cooke	F35	Unattached
261	143	122.53 Stephanie Sayles	F40	Stadium Runners
262	402	122.55 Andrew Berkley	M40	Middleton Harriers
263	159	123.06 Sandra Warren	F45	Kirkstall Harriers
264	9	123.08 Simon Brass	M35	Stadium Runners
265	184	123.2 Laura Washington	F35	Unattached
266	185	123.2 Craig Washington	M40	Unattached
267	46	123.22 Jason Spence	M40	Bramley Blasters
268	349	123.27 Sharon Jones	F40	Huddersfield Road Runners
269	295	123.29 Leona Beaumont	F	Chorlton Runners

270	400	123.35 Faye Edmondson	F	Unattached
271	442	124.04 Shona Malcolm	F35	Unattached
272	56	124.14 Helen Clegg	F35	Stadium Runners
273	136	124.21 Peter Hamlett	M45	Knowsley Harriers
274	266	124.4 Janet Tolley	F50	Unattached
275	76	125.04 Steve Boyer	M50	Stainland Lions
276	88	125.12 Nicky Stevenson	F40	Dragons
277	366	125.21 Michael Marn	M45	Unattached
278	54	125.32 Ian Storey	M50	Eccleshill Road Runners
279	501	125.42 Bill Allsop	M70	Unattached
280	74	125.43 Debbie Gibson	F50	Nidd Valley Road Runners
281	484	125.44 John Rushworth	M45	Stainland Lions
282	221	125.49 Brian Sean Perfitt	M40	Eccleshill Road Runners
283	301	125.58 Nina Birch	F	Wilmslow RC
284	41	126.03 Alyson Glover	F45	Kirkstall Harriers
285	203	126.08 Julie Lucas	F50	Wilmslow RC
286	29	126.13 Glenn Davies	M50	Unattached
287	30	126.18 Samantha Davies	F45	Unattached
288	33	126.27 Hannah Lee	F	Kirkstall Harriers
289	485	126.59 Sarah Hughan	F35	Nidd Valley Road Runners
290	231	127.11 Catherine Gray	F55	Horsforth Harriers
291	171	127.43 Louise Elliott	F	Stainland Lions
292	361	128.06 Margaret Deacon	F45	Halifax Harriers
293	322	128.23 Trevor Faulkener	M70	Wilmslow RC
294	181	128.23 Rachel Parker	F40	Saltaire Striders
295	138	129.06 Linda Spencer	F45	Stadium Runners
296	52	129.14 Michelle Barstow	F	Eccleshill Road Runners
297	149	129.19 Mark Leadbeater	M50	Unattached
298	1	129.37 Eleanor Bryans	F60	Unattached
299	132	129.41 Amy Blessington	F	Unattached
300	297	129.43 Alice Bates	F	Unattached
301	450	129.44 Matthew Bates	M	Unattached
302	96	129.53 Jackie Ford	F50	Horsforth Harriers
303	259	130.1 Jonathan Spencer	M40	Unattached
304	31	130.14 Jane Nicholson	F45	Altrincham & District Ac
305	207	130.16 David Dowthwaite	M50	Unattached
306	391	130.37 Debra Jane Awty	F50	Dewsbury Road Runners
307	419	131.33 Jude Matthews	F	Penistone Footpath Runners
308	264	131.45 Angela Goulden	F50	Stainland Lions
309	121	131.51 Kim Faulkner	F40	Stadium Runners
310	439	132.29 Helen Barrows	F35	Sportshoes
311	307	132.44 Norman Roper	M60	Denby Dale Travellers
312	119	132.59 Jackie Brewerton	F55	Stadium Runners
313	435	133.13 Lorna Nixon	F40	Saltaire Striders
314	318	133.18 Virginia Lewin	F60	Halifax Harriers
315	452	133.19 Becky Burdon	F35	Holmfirth Harriers
316	217	133.29 Margaret Fletcher	F50	Uknetrunner
317	109	133.39 Anne Gowing	F35	Pudsey Pacers
318	157	133.39 Trevor Smith	M45	Unattached
319	243	133.44 Jayne Roberts	F	Royton Road Runners
320	242	133.44 Gillian Lowe	F50	Royton Road Runners
321	323	133.52 Janet Murnin	F50	Dewsbury Road Runners
322	491	134.13 Deborah Brian	F45	Unattached
323	446	134.14 Katie Meredith	F45	Chorlton Runners

324	315	135.02 Robert Arnold	M55	Stainland Lions
325	92	135.08 Amanda Crozier	F45	Meltham AC
326	414	135.1 Chris Howarth	M40	Stainland Lions
327	396	135.4 Andrew Potter	M45	Meltham AC
328	58	136.11 Jeannette Denning	F50	Dragons
329	161	136.2 Pauline Ogden	F50	Unattached
330	160	136.2 Ian Dunn	M50	Unattached
331	265	136.22 Paul Harrop	M35	Unattached
332	306	136.27 Janet Wyles	F45	Wilmslow RC
333	226	137.25 Claire Smith	F	Unattached
334	474	138.15 Rachel Mooney	F45	Unattached
335	472	138.17 Jamie Attwood	M40	Unattached
336	324	138.22 Laomi Lumb	F35	Stadium Runners
337	262	138.22 Cassey Ringrose	F	Stadium Runners
338	174	138.54 Louise Galvin	F40	Unattached
339	108	139.1 Andrea Frances Willbond	F65	Dragons
340	332	139.2 Michelle Smith	F45	Nidd Valley Road Runners
341	190	139.23 Sarah Lunt	F40	Stainland Lions
342	316	139.4 Sue Shepherd	F55	Stainland Lions
343	375	139.41 Maria Craven	F45	Unattached
344	112	139.54 Nikki Hill	F	Stadium Runners
345	240	140.03 Hilary Andrews	F55	Unattached
346	66	141.4 Tracy Jump	F40	Unattached
347	103	141.41 Susan Birch	F40	Unattached
348	326	142.2 Claire Dearie	F40	Dewsbury Road Runners
349	347	142.2 Wendy Hargreaves	F45	Dewsbury Road Runners
350	311	142.54 Melvyn Burton	M60	Crossgates Harriers
351	35	142.56 Carron Kennedy	F45	Dragons
352	499	143.03 Linda Gregory	F40	Unattached
353	227	143.31 Philip Richards	M40	Unattached
354	98	144.42 Melissa Vincent	F	Unattached
355	239	144.53 Jim Andrews	M45	Unattached
356	283	145.11 Claire Plunkett	F40	Halifax Harriers
357	12	145.21 Martin Downey	M35	Unattached
358	214	145.39 Judith Greenwood	F65	Stainland Lions
359	220	145.39 Lesley Henderson	F65	Stainland Lions
360	460	145.43 David Brook	M45	Unattached
361	459	145.44 Janet Pheasey	F45	Unattached
362	235	146.15 Alex Whyte	F40	Stainland Lions
363	37	146.18 Hayley Hawthorne	F	Unattached
364	34	146.18 Stephen Wong	M35	Unattached
365	125	146.19 Carl Britton	M35	Ackworth Road Runners
366	162	146.55 Becky Todd	F	Stadium Runners
367	192	147.34 Jane Gleeson	F55	Unattached
368	260	147.35 Georgina Spencer	F40	Unattached
369	471	148.25 Faye Smith	M40	Unattached
370	51	148.52 Belinda O'hare	F50	Dragons
371	21	148.59 Ian Thomas	M60	Swinton Running Club
372	500	149.19 Hilary Booth	F50	Stadium Runners
373	337	149.44 Claire Hougham	F35	Hyde Park Harriers
374	79	150.37 John "Vic" Taylor	M75	Unattached
375	102	150.41 Stephanie Hull	F45	Stainland Lions
376	198	150.46 Karen Nelson	F50	Pudsey Runners
377	360	151.4 Emma Paul	F	Unattached

378	388	152.12 Julie Robson	F45	Hyde Park Harriers
379	152	152.3 Hannah Jowett	F	Hyde Park Harriers
380	445	153.08 Jackie Barker	F60	Stainland Lions
381	386	153.21 John Higgins	M45	Unattached
382	385	153.21 Damian Moore	M	Unattached
383	379	154.22 Becky Mullen	F35	Huddersfield Road Runners
384	195	157.06 Paula Malthouse	F35	Unattached
385	378	157.42 Andrea Lyons	F50	Huddersfield Road Runners
386	359	157.56 Akwasi Brenya-mensa	M	Unattached
387	348	162.36 Ruth Whitaker	F40	Unattached
388	175	165.06 Annette Blythe	F50	Unattached
389	193	165.42 Sharon Stott	F	Stainland Lions
390	19	166.56 Tony Hunking	M60	Saddleworth Runners
391	133	166.56 Nikki Mellor	F40	Royton Road Runners
392	354	166.57 Melanie Kershaw	F45	Royton Road Runners
393	110	168.48 Dot Carr	F65	Unattached
394	82	174.11 Sandra Robertshaw	F50	Stainland Lions
395	187	175.21 Karen Stuttard	F45	Royton Road Runners
396	277	177 Amanda Astbury	F35	Unattached
397	276	177.01 Jane Bennett	F45	Unattached
398	291	177.01 Michelle Hurst	F40	Unattached
399	285 DNF	Ian Ashcroft	M65	Wilmslow RC
400	200 DNF	Ben Mounsey	M	Stainland Lions
401	127 DNF	Matt Higham	M45	Stainland Lions
402	36 DNF	Laura Hogg	F	Kirkstall Harriers
403	304 DNF	Robert Wilson	M45	Wilmslow RC
404	95 DNF	Dawn Medlock	F50	Stainland Lions